

# Choosing a Memory Care Residence



**MARKET STREET**  
A MEMORY CARE RESIDENCE

The following tool will provide you with guidance when selecting a premiere community for your loved one. Be sure to observe residents and ask follow up questions to the services and amenities provided.

Directions: Fill in the categories below with the following rating: **2 = EXCEEDS 1 = MEETS 0 = UNSATISFACTORY**

Market Street	Other Community	Other Community
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## INDIVIDUALIZED SERVICE PLAN

			Comprehensive personal evaluation to determine resident's needs and preferences updated regularly
			Service plan meetings scheduled with family and Resident Wellness Director
			Planning process which involves multi-disciplinary team
			Regular housekeeping and laundry services included
			Therapy services available onsite

## PROGRAMMING

			Calendar featuring 20 program offerings daily
			Care Specialists trained to lead program groups
			City style design featuring multi-sensory spaces and experiences
			Technology based programming available through IN2L - It's Never Too Late
			Wellness and fitness programs offered daily
			Community van available for outings
			Worship services
			Life skills stations available for self-directed programming

## ASSOCIATES

			All associates are Certified Dementia Practitioners
			Licensed personnel onsite 24 hours 7 days a week
			Food handling associates receive FRLA SafeStaff Food Handler Certification
			Associates receive 30 day live hands on training in addition to state required trainings
			Define personal core values

## ACCOMODATIONS and AMMENITIES

			Community is purpose built for memory care featuring Market Street design
			Private apartments offers full baths with seamless shower entry
			Built in apartment closets
			Internal courtyards equipped with lush gardens
			Circular pathways - indoor and outdoor
			Personalized Residents Curio Cabinet
			Onsite salon and barber
			Lab, pharmacy services, physician visits available onsite
			Easy accessibility for walkers and wheelchairs

## CULINARY EXPERIENCE

			Flatware and dinnerware offers color contrast and size variations to increase consumption
			Mediterranean Diet incorporated into daily menu
			Alternate menu options available at each meal
			Chef demonstrations done regularly to stimulate appetite
			Fresh gardens onsite for residents to harvest
			Families welcome at all seating's

## ADD SCORES AND COMPARE TOTALS

Market Street	Other Community	Other Community

## PEACE OF MIND

			Licensed nurses administering medications
			Neighborhood safety entry vestibule
			Resident identification bracelets
			Detailed hurricane and disaster plans
			Secured community
			Medication program, level of care and rent included in monthly rate

## NOTES:

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