



Watercrest Senior Living Group announces Lake Nona Memory Care Support Group

VERO BEACH, FL, March 30, 2015 – Watercrest Senior Living Group announces the establishment of a Memory Care Support Group hosted by Watercrest of Lake Nona, in partnership with the Alzheimer’s Association. Michele Thompson, VP of Operations for Watercrest Senior Living Group and a Certified Dementia Practitioner, will facilitate the monthly meetings.

Thompson has served memory care residents and their families for over 15 years and is driven to enhance the services offered to families and caregivers. “We are excited to partner with the Alzheimer’s Association in hosting this meeting and providing much needed support to our local caregivers of Osceola and South Orange County by teaching innovative approaches to care, advancements in medical research and the encouragement to continue through this journey,” says Thompson, VP of Operations for Watercrest Senior Living Group.

On the first Wednesday of each month at 10:30am, Watercrest of Lake Nona will host the Memory Care Support Group, inviting all caregivers to attend to receive updated resources, support and caregiving techniques critical to caring for an individual with memory impairment. Select topics include: A Caregiver’s Break, The Value of Routine, and Programming Ideas for your Home.

Meetings will be held at the Watercrest of Lake Nona Sales Office, 9685 Lake Nona Village Place, Suite 205, Orlando, Florida 32827. For more information, please contact Michele Thompson at 727.631.5997 or mthompson@watercrestslg.com. For additional Alzheimer’s or dementia-related resources, please visit us at www.watercrestseniorliving.com.

Watercrest is committed to enriching the lives of seniors by creating an environment of well being by providing wellness programs, nutritious and savory dining, and personalized care. Additionally, Watercrest provides a comprehensive memory care program specifically designed to engage the senses, expand the mind and enhance the emotions of residents. All Watercrest memory care associates are Certified Dementia Specialists and programming focuses on innovative lifestyle approaches, including personal life silhouettes, multi-sensory enhancements, Memories in the Making, and Music and Memory programs.

Watercrest of Lake Nona Assisted Living and Memory Care Community is a signature Watercrest product and the first of its kind offering 56 assisted living and 24 memory care apartments featuring luxurious accommodations, spa amenities, fine dining, as well as private label wines, locally grown organic fare, cultural programs, and distinctive activities and outings. The 76,000 square foot building is currently under construction and scheduled to open in Fall of 2015. For more information, visit www.watercrestseniorliving.com.

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